

What could be the elements that prevent people from seeing truth, or regarding “shadow” as the “truth”?

In every aspect of our lives, we as people gravitate towards what we're comfortable with or confident in. We only step outside of our boxes when we know there's still a box to step back into at the end of the day. People can be fearful of being in a metaphorically new place, where they become uncertain of what anything means or why anything happens. We can convince ourselves that staying closed minded to the truth and believing in a shadow is perhaps a safer route.

It takes thought, contemplation and action to identify one thing as Shadow and proclaim another as Truth. We are an age of people who are constantly going and doing, and so often we can't devote the time to mentally investing ourselves in the philosophy of what real Truth is. We allow ourselves to be too busy to differentiate between shadow and truth to make things simpler and easier.

To add onto the concept of busyness being a hindrance of seeing the truth; we often become too narcissistic as well. We create one thought or belief and state it as true, and then disable any controversy or question for the sake of staying in the right. We choose to proclaim our truth and neglect to contemplate that we could be wrong or ignorant; we choose to see shadow to soothe our own egos.

The elements which blind us of seeing and seeking truth are plentiful, ranging from bliss in ignorance, to accepting routine, to extreme arrogance, and many more. People seem to do what's best for themselves; be that the easy ignorant route or a lifelong, perpetual-headache-inducing, contemplative route. Simply put, there is no way to say what prevents all people from seeing the truth, as every truth and every person could have entirely different elements of blindness. I only have the ability to state what I've seen in both myself and other people and any number of factors could elicit any number of shadows in a person's mentality.